



Duluth - Superior  
Sailing Association

## DSSA 5-Day Small Boat Intensive Race Clinic July 10-14, 2011

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Are you a small boat sailor that has been bitten by the racing bug?  
Feel that competitive urge every time you put your boat on the water?  
Well now is your chance to learn about small boat racing or to simply  
improve your racing skills.

The DSSA is pleased to announce that we will be offering a week long intensive Laser race clinic this summer led by staff member Matt Donoghue. Matt learned to race Lasers at the Chicago Yacht Club under current Stanford Sailing coach John Vandemoer. Since that time he has been a competitor in offshore, inland and distance races with multiple NOOD, Verve and Mackinac regattas under his belt. Matt has crewed on boats ranging from Melges 24s to Santa Cruz 70s in fleet, team and match races and we are excited to be able to offer his experience to our club members interested in racing.

The program will consist of 33 hours of instruction during the week of July 10, followed by weekly local race events on Thursday afternoons for the following 5 weeks. These races will be open to any local Laser sailor interested in participating. We will conclude our summer program the weekend of Aug 20 with a US Sailing prescribed Grand Prix Championship Regional Laser Regatta organized by Laser sailor Bill Reed, Commodore of the White Bear Lake Boat Club. The DSSA hosted this event last year and it was a great success, with 23 entries from all over the Midwest in attendance.

The week long program cost is \$225 and includes membership in the DSSA. Participants will also receive a \$20 discount off the \$55 entry fee for the August regatta.

Participants can use their own equipment or for no additional charge, use one of the clubs Lasers. We have a maximum of 9 boats available so request early. We will require a minimum of 4 registered participants so sign up now and bring your friends. To sign up, complete and return the accompanying Member Registration form with your payment of \$225 to the address on the form or visit [www.sailingforall.org](http://www.sailingforall.org)

For more program details, e-mail Matt at [mpdonoghue2@gmail.com](mailto:mpdonoghue2@gmail.com).

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**Laser Race Program** – Cost \$225 (minimum of 4 students)

**Schedule:** Sunday July 10<sup>th</sup> through Thursday July 14<sup>th</sup>

**Sunday** 1pm-6pm  
**Monday -Thursday** 9am-4pm

**Local weekly regattas** will be held Thursday afternoons through August 18<sup>th</sup>.

**August 20-21 – Regional Regatta Event** - \$55 participation fee (less \$20 discount)  
provides t-shirts, breakfast, lunch and trophies



Duluth-Superior Sailing Association  
 Mail to: P.O. Box 3094, Duluth, MN 55803

## MEMBER REGISTRATION

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Name (s) \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_  
 Phone \_\_\_\_\_ Email \_\_\_\_\_

### CATEGORY

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One-day, date: _____	\$10	_____
Youth (8-18 yr. old)	\$10	_____
Adult	\$110	_____
Family	\$180	_____
Student (18+ full time student)	\$50	_____
Senior/Military (60+ or Military Retired/Active)	\$90	_____
Lifetime	\$1200	_____

**Please note:** The membership fees do not fully cover the cost of providing DSSA programming, which is approximately \$150 per person. If you can afford to make a tax-deductible donation to cover the full cost of membership, or more, this is greatly appreciated. DSSA is committed to providing sailing opportunities for all, regardless of ability to pay.

**Additional donation to support DSSA programs** \$ \_\_\_\_\_

### LESSONS (Fee Include One Year Membership - except for private lesson rate)

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Participant Name	Session Date	Fee
_____	_____	_____
_____	_____	_____

**Circle Class Lesson Type**

Adult \$200      Senior/Military \$180      Student \$120      Youth \$100  
 Adult Member \$90      Youth Member \$90      Private Lessons - \$20/hr plus membership

Small Boat Race Program - \$225 (includes membership)

**! Must include a completed youth or adult member information form for each individual to be enrolled in lessons.**

**Total Enclosed** \$ \_\_\_\_\_

### WAIVER OF LIABILITY

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I hereby agree to release, indemnify, and hold harmless DSSA from any claim or liability arising from participation of any such participants in any aspect of DSSA's activities, DSSA or its offices, members, employees, and representatives and each person or organization whose property is sued in connection with my such activities. I give permission to DSSA to use any photos and video taken of me/us.

I am aware of and familiar with the risks and dangers involved with the type of vessels and activities in which I will be involved. I have read and understand the posted rules and regulations for participation and the membership handbook and agree to abide by all of them. I have reviewed, read, and understand the above and sign this of my own free will and desire.

Signature: \_\_\_\_\_ Date \_\_\_\_\_